

## **ANNOUNCEMENT:**

The Institute of Hospice and Palliative Care in Africa/Hospice Africa Uganda are pleased to announce:

### **Online course in Palliative Care for Health Professionals commencing February 2021**

**Target Participants:** Doctors, Clinical Officers, Registered Nurses/Midwives, Pharmacists and Dispensers.

#### **Goals of the Course:**

To equip these key health professionals with knowledge and skills of modern methods of palliative care including management of pain and other symptoms in patients with cancer and other life limiting illnesses.

#### **Mode of delivery:**

The course will be delivered online; the modern and effective way of saving training costs such as travelling and accommodation and time spent away from families and work places. It is flexible and enables a trainee to learn at his/her own convenient time and place without incurring costs.

#### **Background**

In Uganda the need for palliative care is significant and increasing but there is a scarcity of palliative care practitioners. Consequently, the majority of patients in need of palliative care are cared for by other health professionals working in public and private health institutions and facilities. The course will improve understanding of palliative care and thereby facilitate its integration into mainstream health care services in the country.

Palliative care education is one of the four components of the World Health Organization (WHO) public health strategy for palliative care and its provision is crucial for the effective integration or establishment of palliative care for the benefit of patients with palliative care needs and their families.

The course will introduce the learners to a range of palliative care topics and prepare them to undertake holistic assessment and management of needs of adults and children with life threatening illnesses and their families or make appropriate referrals.

The course has 20 units. Each unit will be assessed by different methods and there will be an examination at the end.

**Certification:** A Certificate will be awarded by the Institute on successful completion of the course.

**Course duration: Maximum 8 weeks.**

**Course fees:** 100 000/ Shillings for Ugandans; US\$ 75 for International Learners

**Availability dates:** 8 February, 5 April and 4 October 2021.

Further information and Applications: Visit HAU Website: [www.hospice-africa.org](http://www.hospice-africa.org).

#### **OR Contact:**

Course administrator: [educ@hospice-africa.org](mailto:educ@hospice-africa.org); Telephone: +256 700493183

Academic Registrar: [ar@hospice-africa.org](mailto:ar@hospice-africa.org); Telephone: +256 702878609

## Course units

- Foundations of Palliative Care
- Ethos, Principles and Models of Palliative care
- Basic information on cancers
- Principles of symptom control
- Assessment and management of symptoms
- Concepts of total pain
- Pain assessment and management
- Pain management in adults and WHO Analgesic Ladder
- : Pain management in children
- Palliative care emergencies
- Communication with patients and family
- Breaking bad news
- Myths and Fears surrounding morphine use and Laws Governing Use of Narcotics in Uganda.
- Religious, Spiritual and Cultural aspects surrounding death
- Role of Palliative care in the era of ARTs and vice versa.
- Role of Surgery, Radiotherapy and Chemotherapy in palliative care
- Assessment and Management of Psychosocial issues in palliative care
- Ethical issues in palliative care
- Management of the dying patient and preparation of family for death
- Bereavement in adults and children.